

### THE JOY OF FOOD PRESERVATION

There's a quiet, profound magic that happens when you decide to take the food journey into your own hands—a journey that starts not in the supermarket aisle, but in the soft, rich earth of your own garden. It's a choice that offers rewards far sweeter and more enduring than any price tag can reflect.

To grow your own food is to engage in a meditative ritual, a partnership with nature that forces you to slow down. You learn the patience of the seed, the sudden abundance following a perfect rain, and the glorious scent of sun-warmed tomato leaves. It's an act of faith, really, tending to a small patch of ground and watching a tiny, unremarkable seed transforming into a vibrant, life-giving vegetable. The payoff isn't just the sheer volume of produce; it's the incomparable taste of a strawberry picked at the peak of its glory, or a cucumber that hasn't traveled a thousand miles to reach your plate.

But the harvest is only the first movement of the song. The second, and perhaps the most rewarding, is preservation. Home food preservation is a sweet way to savor summer's bounty beyond the traditional growing season. It is a tradition rich with both practical benefits and deep personal satisfaction.

One of the most immediate benefits is economic and environmental smarts. By preserving surplus fruits—whether from a garden, a farmer's market haul, or a visit to a nearby Amish community—you minimize food waste. Converting a gallon of ripe strawberries into jewel-toned jars of jam or an over-abundance of tomatoes into perfect pints of salsa may offer unparalleled control over ingredients. You dictate what goes into your jars: non-GMO fruit, a preference for natural sweeteners, or less sugar than commercial brands. This allows you to create healthier, cleaner versions of your favorite spreads, free from artificial colors, high-fructose corn syrup, or unnecessary preservatives. Each jar becomes a testament to simple, pure ingredients.

#### ....continued from page 1

The true joy of canning, however, is a sensory and emotional experience. The process itself is a meditative ritual—the scent of bubbling fruit on the stove, the sight of a brilliant crimson liquid reducing to a thick, glossy syrup, and the satisfying pop of the lids sealing, a sound that signals a job well done. There's immense satisfaction in looking at a pantry shelf lined with colorful, hand-labeled jars, each one a memory of a perfect day and a promise of future delight. That pantry shelf is a year's worth of sunshine, banked against the inevitable grey of winter. It's the ultimate culinary security blanket.

Ultimately, whether you're tending a basil seedling or sealing a jar of plum preserves, you're doing more than just feeding yourself. You are connecting yourself to your food source, offering a simple yet profound way to celebrate the rhythm of nature and taste the sunshine in every spoonful. And that, in a world that moves too fast, is a joy worth cultivating.

ARTICLE BY SHERRY PHILLIPS - MGWC CLASS OF 2022



In a season often defined by hurried shopping, a homemade gift—like Holiday Jam—is a sweet way to show friends and family how much you care. (Recipe shared by Sherry Phillips.)

#### **Ingredients:**

12 oz cranberries (fresh or frozen, thawed and chopped)
1orange, zested, peeled and chopped (reserve 2 tsp zest)

16 oz strawberries (fresh or frozen)

14 tsp ground cloves

14 tsp ground cinnamon

¼ tsp allspice

4 c sugar

1 - pkg powdered fruit pectin (1.75 oz)

½ c water

½ tsp butter (optional, helps reduce foaming)



#### Instructions:

- Prep jars and boiling water bath canner. Wash jars, lids, and rings. Keep jars hot in your canner until ready to fill. Set lids and rings aside on a clean towel.
- In a large, heavy pot, add cranberries, oranges, strawberries and water. Stir in spices, pectin and butter (if using). Bring to a full rolling boil over high heat, stirring constantly.
- Stir in all the sugar. Return to a full rolling boil and boil for exactly 1 minute, stirring continuously.
- Remove from heat and skim any foam, if needed. Ladle hot jam into hot jars, leaving ¼-inch headspace. Wipe rims clean, center lids, and tighten bands fingertip-tight.
- Lower jars into canner, making sure they're covered by at least 2 inches of water. Process for 10 minutes.
- Turn off the heat, remove the lid, and let jars rest in the water for 5 minutes. Move jars to a towellined counter and let cool undisturbed for 24 hours. After 24 hours, test the lids. Store sealed jars in a cool, dark place.

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# NEW MEMBERS/BADGES/PINS



Congratulations to: Janice Dailey, Eileen Ficek, Mary Jane Baker, Jay Martin, Karen Martin, Leanna Townsend, Purba Dain, Gretchen Tighe and Maryann Horning who earned their green badges in October! (Pictured left to right.)



Awards presented by Linda McCain, MGWC Certification Officer.



Congratulations to Carla Covel, David Marshall, Emily Warthen and Anissa Dredge who earned their green badges in November!

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#### My Not-So-Heavenly Nandina

I was thinking about Nandinas the other day. Listen, I wasn't thinking about them by choice. In a book I was reading, they called them "Heavenly Bamboo" or "Heavenly Nandinas." I had never heard them called that and my first thought was: whoever named them had obviously never had them in their landscape. There is nothing heavenly about them! My second thought was: those darn plants should come with a warning label! I apologize if you love this plant, but I will NOT be convinced to have any feelings for them other than a deep loathing.

Those awful plants are a menace to flower beds with their aggressive spreading and cyanide containing berries. Some entities classify Nandina as an invasive species. Their berries are toxic to people, birds, horses, pets and other wildlife. Migratory birds in particular are at risk because they often eat indiscriminantly on their migration paths and the bright red berries catch their eyes. Yet I still see them around town and in the yards of our neighbors. If anyone ever asks me how to prune them, I am going to reply: get some gasoline and a torch.

We've lived in our current house since 2001. The landscape designers of our 1990s subdivision were using those pesky Nandinas right alongside the Bradford Pear trees. Honestly, I don't remember the other bad choices they made in our landscape design (those bad choices were made LONG before we moved in), but I do remember the two Bradford Pear trees we took down and those blasted Nandina bushes. Oh, I also remember shoveling a truckload of lava rock they used in every flower bed we had, but I digress. I'm reminded yearly of the Nandinas though. In 2002, I ripped out those Nandina bushes, and every year since (count them ... 23 years), a remnant of those Nandinas tries to come back. And every year I have to dig out their bad choices again, and think surely this year I've gotten it all.

Maybe those Nandinas are here solely to remind me that life is also like that sometimes. Just when we think we've gotten our life under control, a remnant of our bad choices or past mistakes tries to reemerge like a toxic Nandina bush, leaving us feeling defeated and annoyed. Sometimes, we are affected by others bad choices or past mistakes ... innocent bystanders to their fumbles. We hope others would help us if we stumble from missteps or misfortunes. So, when we have the opportunity to help humans in need around us, we should try to do what we can to help them regain their stable footing in life.

We have that opportunity during this season in particular. We are once again partnering with Compassionate Hands to help them stock up on supplies and other items for the winter months of helping our unhoused neighbors in Wilson County. Compassionate Hands does such a thoughtful job walking with their guests through difficult times and showing them warm respect and brotherly love. We are pleased to be able to help them again this year. Please see the list on the next page to find items and ways you can help our homeless population through Compassionate Hands. You can bring your items for donation to our December 2nd Meeting/Christmas Party.

### Compassionate Hands Winter

### Wish List

Compassionate Hands is preparing for this coming winter's shelter and can use your help again. You, our community, church and Master Gardener's can support Compassionate Hands with volunteering as an overnight host, supplying needed items, breakfast host, laundry host, medical host, meal host, buying from CH amazon gift list and so much more. All showing the love of Christ in small ways to our homeless community. The shelter is open for life skills classes, bible studies, meals, showers, counseling/guidance, laundry, heat and AC all year long. Please contact Compassionate Hands at compassionatehandstn.org for more information.

We are collecting now the following supplies:

- drinks no caffeine
- Ladies' underwear (larger sizes)
- Ladies winter PJs
- Men's underwear and t-shirts
- Men's sleep pants
- Chapstick
- Deodorant
- · Healthy individual snacks, fruit cups, granola bars, Slim Jims, chips...
- Rain ponchos
- · Travel size bath gel, shampoolconditioner, toothbrushes and toothpaste
- Commercial size shampoo and body soap
- Plastic silverware
- · Sugar/sweeteners/creamer in pods
- Can Coffee /filters/sugars
- Toilet paper/paper towels
- · Gas gift cards (given out by staff)
- Laundry pods/Laundry sheets
- Bike Locks
- · Leading a small group to provide and serve lunches and dinners
- Commitment to lead (3-4-week commitment) enrichment spirit filled learning class.
  I.e....Bible study, book club, financial responsibility, craft, healthy eating habits etc....

Each Monday, Wednesday and Friday our guests receive a snack bag as they leave as well as when they leave each day once we are open for winter overnight shelter. We are in DIRE need of items to make the gallon bags. You can make them as a group or deliver the items and we can make them.

Items can include:

Bottled water Gum Chapstick

Protein: Beef sticks Turkey sticks Roasted nuts

Protein bars Peanut butter & crackers Tuna/chicken pouches

Other: Apple sauce Fruit cups Rice chips

# Maryann Hicks

If you haven't had the opportunity to work with Maryann Hicks, you've missed out. She is one of the kindest and most patient MGs you'll ever meet and is a fantastic teacher. Her low-key style and tremendous knowledge and experience make her a joy to be around. Here's some additional information from Maryann.



What year did you join MGWC?

I am a 2018 graduate. Our first class was taught
by Lucas on his first day on the job as Extension
Agent. We were so excited that we didn't scare
him too much and he decided to stay.

#### Where are you from?

I grew up very near downtown Nashville but have lived in Mt. Juliet for the last 26 years.

#### What is your favorite tree?

My favorite tree is an oak. They are at the top of the list for supporting wildlife.

### Do you have a gardening trick/tip that everyone should know?

I have a new garden trick. Plant herbs like English thyme, oregano, or marjoram along the edge of garden walkways. They are pretty and grow fast so weeds can't creep in. It's a cheap alternative to mulch.

What's your favorite plant to grow?

My biggest interest in gardening is growing native plants. I love them all, but I think my favorite is the gray-headed coneflower (Ratibida pinnata).

How long have you been gardening, or when did you first become interested

in gardening? When I was about seven, my grandmother gave me a dime to buy some flower seeds at Woolworth's in Hillsboro Village. (yes, a dime. I am that old¹) I bought zinnia seeds and she helped me plant them. When I got home from Girl Scout camp, they were in full bloom. I thought they were the most beautiful things ever. I was hooked at that very minute.

#### What is your favorite flower?

My all-time favorite flower is our native rhododendron (Rhododendron catawbiense). If you have never seen them in full bloom at Roan Mountain State Park during the 3rd week in June, it's a must for your bucket list.

What's your favorite vegetable?
My favorite vegetable is butternut
squash. I grew it a few years ago as
part of a UT garden trial. If you have
never participated in the trials, give
them a try. It's a fun way to be a part
of the university's research.

What's your favorite garden tool?

My all-time favorite garden tool is a root slayer shovel. They are a little pricey but so worth it. Don't try to garden in Wilson County without one. You can get one at Tractor Supply or on Amazon.

#### What advice do you give to new gardeners?

My advice to new gardeners is to start with a written plan. What is your biggest interest -- veggies? A cutting garden? Natives? How much time do you have on a weekly basis? What is your budget? Where will your garden be ? Ask a lot of questions, then go ahead and get started. Plant a small garden. You may not do everything right. That's ok -- you will learn.

#### What is(are) your favorite MGWC project(s)?

I truly love all of our MG projects. I wish I had time to help with each one. As a former teacher, I love teaching gardening classes to 4th graders through our partnership with Alex and Shene's Vine Branch Fellowship. I also love the educational component of our native plant sale. I have enjoyed being co-chair of our Tennessee Tree Day event. I think it is a privilege to be a part of this statewide project to plant native trees across the state. We have planted over one million so far.

I think one of our most important projects is the work we have done at Pickett Chapel. It is such an integral part of our Wilson County history. I don't want to leave any projects out. I guess I have to stop rambling at some point, though. I think each of our projects has truly made an impact in our community and on our natural world. I absolutely love being part of Master Gardeners of Wilson County.

### ARBORETUM NEWS

#### **David & Ilene Marshall**

#### TREE STEWARD HIGHLIGHT:

David and Ilene are recent graduates from the Wilson County Master Gardeners program. In fact, they received their badges at the November meeting.

When asked how they got started in the Master Gardener program they said friends had told them about the program, but it was being a homeowner and the desire to have their own garden that influenced them to take the course.

David grew up in the surrounding area of Nashville and Ilene grew up in New York. David worked for the Dupont Corporation in maintenance operations and retired after 25 years. Currently, he works as a volunteer at the train museum in Fiddlers Grove. Ilene is a registered nurse and retired after 33 years with Centennial Hospital in Nashville. They have lived in Mt. Juliet for 25 years.

They love traveling, and last year took a trip to Germany, where they visited the largest train museum. It holds the world record for model trains in Hamburg, Germany. They plan to go on a cruise and go to Scotland in the coming year.

David is the steward over the Sugarberry tree and Ilene is the steward over the Flowering Dogwood. The Dogwood blossom is actually Ilene's favorite flower. Both trees are located behind the train museum in Fiddlers Grove. Their reason for volunteering as a tree steward is the same as it is for a lot of the volunteers: the ability to acquire volunteer hours needed while still having time to garden, and of course helping to maintain these beautiful trees in the grove.

#### THE FLOWERING DOGWOOD

The flowering dogwood is a small ornamental tree native to Eastern North America. It's known for its showy spring blooms and robust fall foliage.

It grows to 15-25 feet tall and has a life span around 80 years. They prefer light shade and a well mulched and well drained area.

The Flowering Dogwood is a specific type of Dogwood. While a Dogwood is a term that includes many species, Flowering Dogwood refers only to *Cornus Florida*, a native to the East Coast, whereas all others can refer to any tree in the *Cornus* genus.







#### THE SUGARBERRY TREE

The Sugarberry is native to North America and grows up to 80 feet tall and 3 feet in diameter. It can live up to 150 years, which is considered short-lived for a tree. The berries are edible for animals and humans. In fact, the Native Americans would make a tea from the bark of the tree to treat sore throats.

The Sugarberry is sometimes mistaken for a Southern Hackberry, but actually Sugarberry trees are common up north on the east coast of the US, while Hackberry trees are more common in the southern United States. The Sugarberry fruit is larger, sweeter and juicier than the Hackberry and the bark on the Sugarberry tree is also smoother. They make excellent shade trees, and are part of the Elm tree family.









Several of our MGWC members travelled to Memphis and Jackson in September to attend Fall in the Gardens at UT Gardens Jackson and to tour the

**Memphis Botanical Gardens.** 















# THE MASTER GARDENER OF WILSON COUNTY TRAVELING CAP



Let us know if your MGWC cap takes a trip!







MGWC's own Barbara Nissel recently traveled to Tasmania and Australia touring many interesting sites and botanical destinations.

Please see Barbara's posts on the MGWC Facebook page to enjoy all of her marvelous pictures! What a trip!















# General Membership Meeting Recap



The October membership meeting was held in the Veterans Building on October 7. The dinner theme was Soup and Sandwiches. It was a wonderful theme for a cool, fall evening.

Our guest speaker was Melody Rose. She is an extension agent in Sullivan County who joined us via Zoom to present "Granny Witchcraft from the Garden." We learned about how different cultures across the world have influenced the development of Folk medicine in North America.

Our business portion of the meeting included:

- Minutes and financial report from September meeting approved.
- Work will continue on the gardens until November to clean up and prepare beds for winter. Houseplants from the buildings during the fair are in the greenhouse and will need to be watered once a week.
- A note was received thanking us for the \$500 donation received to help with the Garden Party and to express appreciation for all the volunteers who helped with the Rose show and garden party.
- Linda McCain reminded people to get their volunteer hours posted for year end awards no later than October 31st.
- Marianne Pelletier discussed success of the pollinator garden and said the Department of Tourism visited the garden.
- Joni Wohnrade invited us to The Garden Guild Meeting on October 28<sup>th</sup>. Rosemary will be helping make dried flower arrangements.
- Elections were held for President and Treasurer. Both Tonya Gardner and Carol Stroud will continue in their positions by unanimous vote.

There were 75 members present in person, 22 present on zoom, and 4 guests for a total of 97 members in attendance. 9 badges were presented.

Recap by Karen Martin - Photos by Jay Martin





# General Membership Meeting Recap





The November membership meeting was held on Tuesday, November 4th at the Arnett Education Building C. beginning at 6:00 pm. A Thanksgiving themed dinner began at 6:15 with so many amazing home-cooked dishes to choose from.

Our guest speaker was Justin Stefanski, the extension agent from Rutherford County. His very informative presentation on Tree Pruning was made even better by his humorous and anecdotal style of presenting his material. Our business portion of the meeting included:

- T-shirts are in and available for pick up and more for sale.
- The minutes and financial report for October were approved.
- There is a cash balance of \$28,314.00. This is a net balance decrease of \$6,288.00 primarily due to the T-shirt stock and preorders of plants for the 2026 Native Plant Sale.
- Tonya Gardner gave thanks to the hospitality volunteers for their creative and diligent work at each meeting and to the sound tech crew for helping our meetings be heard by all and shared on zoom when possible.
- She also gave an update on Sadie Ford farm. The electricity will be installed next week. When volunteers were called to help move bags of mulch, soil and build an addition to the shed, there were 14 volunteers on Friday and 13 on Saturday.
- Judy and Chad Burgess showed an example of the efforts they have been making in mapping where the trees under the Arboretum care are located. They have also learned of a "Baddour Pkwy Arboretum website" they hope to investigate more fully. Volunteers are needed to adopt a tree or three. This includes mulching, weeding and informing the bedhead when a tree needs additional attention.
- Joni Wohnrade invites members to attend their Christmas party at the Garden Guild meeting on December 2<sup>nd</sup>. They will meet in the Arnett Building at 11:00 AM.
- The December meeting on the 2nd will be our Christmas Party! There will be a gift exchange with a \$20.00 limit and the gift should be wrapped. A fun game will be played to exchange gifts. The food theme is Brinner (Breakfast for dinner). John Grant from Compassionate Hands discussed donations needed by the group. A list was provided. Please bring your donation to the Christmas meeting.
- There were 71 members present in person, 2 guests and 23 on Zoom for a total of 96 for November.









Recap by Karen Martin - Photos by Jay Martin



Stream side salamanders (Ambystoma barbouri) Photo credit: David Withers

#### It's Streamside Salamander Season!

At this time of year in, just as most everything is shutting down for the winter, streamside salamanders (Ambystoma barbouri) emerge from their habitual hidey-holes in crevices and under leaf litter and return to their breeding sites in seasonal streams. That's right, starting in December in Middle Tennessee, these small cold-blooded critters lay their eggs in winter water then saunter off, leaving their young to hatch, fully metamorphose, and exit their larval stream as terrestrial juveniles before the stream dries up in late spring! It defies logic, and yet, they do.

The range of streamside salamanders is quite limited. Worldwide, they are found only in Indiana, Kentucky, Ohio, Tennessee, and West Virginia. In Tennessee, they are mostly found in the Nashville Basin – largely Rutherford, Davidson, Sumner, and Wilson Counties, some of the most rapidly developing counties in the state. Being dependent on clear, cold, oxygen-rich seasonal streams to reproduce, streamside salamanders are quite susceptible to habitat degradation, changes in hydrology, pollution, and sedimentation, all of which increase with development. For these reasons, the species is considered to be in need of conservation in Tennessee.

You have the chance to see these mini-marvels in action just out our back door at Couchville Cedar Glade State Natural Area! On December 13, join Natural Heritage Zoologist, David Withers, on a hike to a high quality streamside salamander spawning site and learn more about the species, their habitat requirements, and the Division of Natural Areas management that supports the overall health of the glade ecosystem – streamside salamanders included.

#### **Hike info and registration:**

https://tnstateparks.com/parks/event\_details/division-of-natural-areas/#/?event=a-fall-fossorial-foray-atop-couchville-cedar-glade

David Withers: 615-532-0441, david.withers@tn.gov

#### **More Info:**

Hendersonville Stormwater: https://www.hvilletn.org/317/State-Endangered-Streamside-Salamander Tennessee Wildlife Resources Agency:

https://www.tn.gov/twra/wildlife/amphibians/salamanders/streamside.html

**NatureServe Explorer:** 

https://explorer.natureserve.org/Taxon/ELEMENT\_GLOBAL.2.100100/Ambystoma\_barbouri

U.S. Geological Survey (Includes species range map):

https://pubs.usgs.gov/publication/ofr20211104C/full



#### Eastern Red Columbine Aquilegia canadensis

Part sun to full shade, medium to dry moisture level, tolerant of many soils, neutral to slightly alkaline pH, 2-3 ft. height, blooms in spring, red flowers, will reseed readily in a favorable location. Deer resistant.

Eastern Red Columbine is a perfect plant for new gardeners. It is a hardy plant that is easy to grow and is not finicky about different soils. It grows in sun or part shade. It is drought tolerant and deer resistant. It has bright red and yellow flowers in the spring. In the summer, their green leaves remain attractive then turning yellow in the fall.

Eastern Red Columbine is a lovely spring flower with attractive blooms and leaves. It can become a well-established ground cover attracting both bees and hummingbirds. In fact, ecological horticulturist, Rebecca McMackin, says of Columbine: "Their red flower heralds the return of the ruby-throated hummingbird, the East Coast's only hummingbird." It is recommended to plant at least 3-5 of the same plants together if you want to attract hummingbirds and pollinators. Doing this helps them find the food much more quickly.

Watch Rebecca McMackin's Ted Talk on "Let Your Garden Grow Wild" here: https://www.youtube.com/watch?v=qxgE0q1\_m6U









#### MASTER GARDENERS OF WILSON COUNTY

# Volunteer Project Special Highlight









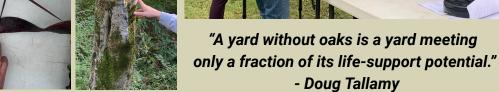




Amy Ritter conducted her first Tree ID workshop to an inquisitive group of Master Gardeners and residents of Wilson County. It was so much fun and incredibly informative!















The Master Gardeners of Wilson County have many volunteer opportunities to allow you to earn your required hours each year. We also provide a way to get involved, make friends, learn, educate and serve!

#### **PROJECTS**

Projects are approved by the Executive Committee and may include funding.
MGWC Projects are led by Master Gardeners and are typically beds and gardens that we maintain and manage.
Projects should include education in gardening, horticulture or landscape management, be available in our communities, etc.

- BADDOUR PARKWAY ARBORETUM (BPA)
- LEBANON COMMUNITY & EDUCATION GARDEN
- CEDARS OF LEBANON BUTTERFLY GARDEN
- MONARCH WAY STATION FIDDLERS GROVE
- COMPASSIONATE HANDS HEALING GARDEN
- MONARCH WAY STATION CHARLIE DANIELS
- EXTENSION OFFICE DEMONSTRATION GARDEN
- MT. JULIET LIBRARY
- FIDDLERS GROVE DEMONSTRATION FLOWER BEDS
- PICKETT CHAPEL HERITAGE & PEACE GARDEN
- FIDDLERS GROVE DEMONSTRATION VEGETABLE GARDEN
- SCHOOL GARDEN PROJECTS & SCHOOL LESSONS
- LABOR OF LOVE GARDEN
- SADIE FORD GROWING FACILITY
- RAISING HOPE
- CEDAR CREEK GREENWAY RESTORATION PROJECT

#### **ACTIVITIES**

Activities include a broad range of MGWC committees and other volunteer opportunities that benefit the operations of our organization.

- AUDIO/VISUAL
- MASTER GARDENER COMMUNICATION
- EXTENSION AGENT SUPPORT
- MASTER GARDENER EXECUTIVE BOARD
- GARDEN TOUR & PROGRESSIVE DINNER
- MASTER GARDENER INTERN MENTOR PROGRAM
- GREEN THUMP WORKSHOPS
- NON-MG HORTICULTURAL ACTIVITIES
- HELP LINE
- OUTREACH PROJECTS
- HOSPITALITY/SOCIAL
- SCHOLARSHIP/ACADEMIC AWARD
- MASTER GARDENER COMMITTEE
- TECHNOLOGY

#### **EVENTS**

Events are managed and run by other organizations and MGWC primarily provides volunteer support or expertise, and in some cases funding for gardeningrelated items

- 4H DAY CAMP
- SPRING FEST IN THE GROVE
- BE HEALTHY KIDS SUMMER GARDENING CAMP
- TENNESSEE TREE DAY
- TN NATIVE PLANT SALE
- WILSON COUNTY FAIR ACTIVITIES
- SOUTHERN HOME & GARDEN EXPO
- WILSON COUNTY FARM DAYS



CLICK HERE
TO VIEW
FULL
CALENDAR









We had another fun Green
Thumb Workshop in
September. Jamie Howard,
Debbie Franek and Tonya
Gardner taught us how to
make herbal salts and
flower frogs (with bonus
Christmas ornaments!) It
was a fun morning with
great friends!



























## TN Native Plant Sale Growing Facility Update





2025 EXECUTIVE COMMITTEE

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WE WELCOME YOUR IDEAS!

